



THE BEAT

THE NUSNA FACULTY NEWSLETTER

MESSAGE FROM THE EDITORS IN CHIEF



Hello Faculty!

As we welcome 2019, I would like to thank everyone who has given me the opportunity to serve as your 2018 communications director. Serving in NUSNA has given me the chance to collaborate with my fellow students, staff, and faculty, which helped me realize that dedicating my time and effort for this organization is truly a rewarding and humbling experience.

Although it makes me sad that my time as your communications director is almost over, I am excited to have Camelle as your new director! I strongly believe that her credibility and creativity will greatly benefit NUSNA and I am ecstatic to see her vision and goals for NUSNA foster it's growth.

To everyone who made this newsletter possible, I genuinely thank you for sharing your experience and talent with us. I wish everyone a happy new year and may we all take 2019 another year to better ourselves and make a difference.

Rizza Angadol
Outgoing Communications Director



As the incoming communications director, I am eminently grateful to work alongside Rizza to bring you this exceptional newsletter. From every NUSNA event these last few months to inspirational stories, special experiences, successful outings, and a magnificent white coat ceremony, this newsletter has it all. It is remarkable seeing our nursing students represent the true meaning of assiduous and

passionate leaders. You all deserve the recognition highlighted throughout these pages. Here's to your accomplishments and contributions!

Camelle Sison
Incoming Communications Director

Assistant Editors : ***Kristin Destajo***
Juliana Laninovich

December 2018

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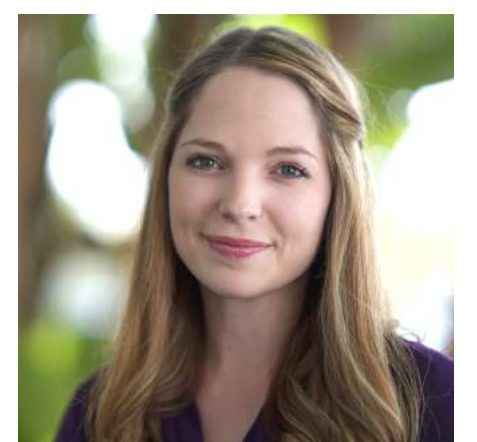
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Gloria McNeal, PhD, MSN, ACNS-BC, FAAN
Dean, School of Health and Human Services

Thank you, Outgoing Directors!



Rizza Angadol, C50
Communications Director

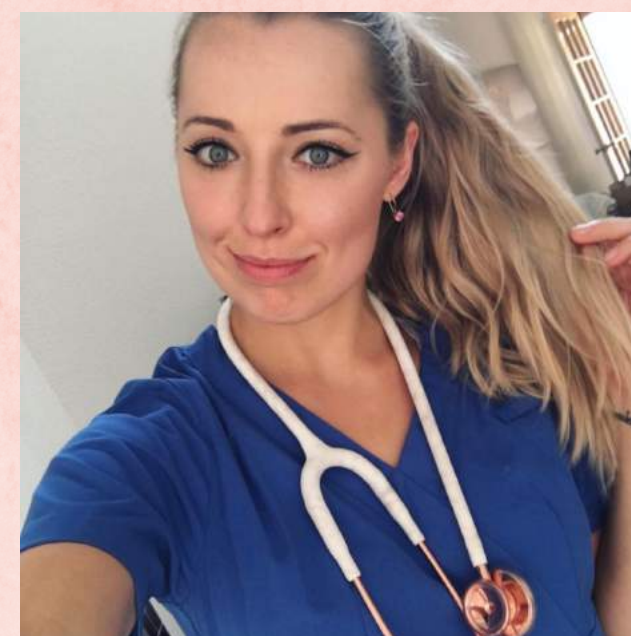


Kyle Roloff, C50
Community Service
Director

Welcome, Incoming Directors!



Camelle Sison, C54
Communications Director



Vikoriya Glushko, C55
Community Service
Director

Congratulations, CNSA Director!



Jessica O'Donnell, C55
CNSA Secretary/Treasurer

Upcoming JANUARY ELECTION TREASURER

Contact the treasurer to know
more about the position and the
VP for more election details

“CHANGE CAN BE SCARY, BUT
YOU KNOW WHAT’S SCARIER?
ALLOWING FEAR TO STOP YOU
FROM GROWING, EVOLVING, AND
PROGRESSING.”
— MANDY HALE

AUGUST EVENTS

08 -Showers of Blessings



26-Save-A-Life EKG Screening



*12- CVC San Diego
Half Iron Triathlon*



September - October Events

9/30 EKG screening



10/20 NICU LITTLE Grad Reunion



10/29 RONALD MCDONALD HOUSE



MENTORSHIP MEET AND GREET
BONFIRE



November

14th Showers of Blessings
Ronald McDonald
House

26th Blood Drive



**25 UNITS OF BLOOD
DONATED AND 75
LIVES SAVED!**



OCT. 05, 2018

CRMO AWARENESS WALK-A-THON

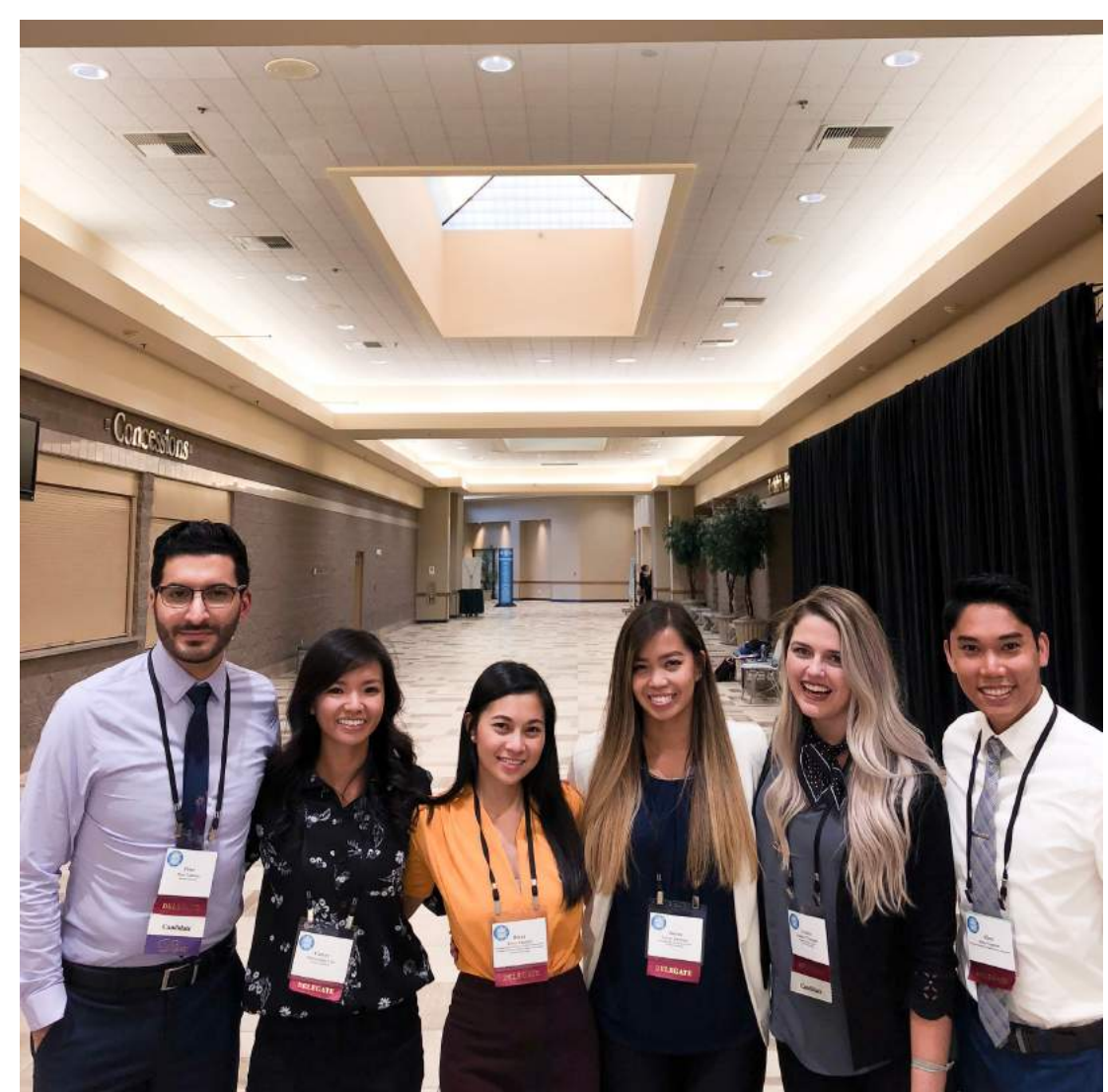


What an amazing event we had at the CRMO Awareness Walk-a-Thon! There was so much love and support not only here in San Diego but all around the world! It was such a wonderful day filled with laughter, love and tons of delicious cakes! Thank you so much to everyone who was a part of the team of people that made this event such a HUGE success!

-Kyle Roloff (C50), Outgoing Community Service Director

OCT. 5-7
VISALIA, CA

2018 CNSA CONVENTION



At this year's CNSA convention, NUSNA-SD had six delegates who attended the three-day conference: Janine Adviento, Rizza Angadol, Camay Lim, Jessica O'Donnell, and Peter Tannous. The delegates had an amazing time participating at the house of delegates as they voted for legislations, spent some time with each other and other participants, made connections, learned more about the field of nursing, and celebrated as we won awards!

Some of the highlights at the convention include: **adaptation of the legislative committee's resolution, Increase Awareness on the Advantage of Emotional Intelligence in Nursing Practice in the state level** and **NUSNA-SD receiving the Chapter Recognition Award and Outstanding Newsletter Award.**

Our current Student-Faculty Liaison Director, **Jessica**, was also elected as the **2018-2019 CNSA Secretary/Treasure**. Lastly, we would like to thank our outgoing VP, Jade Evans, for her contribution to CNSA as the 2017-2018 CNSA Vice President. Congratulations, NUSNA-SD!

National University Nursing Honor Society

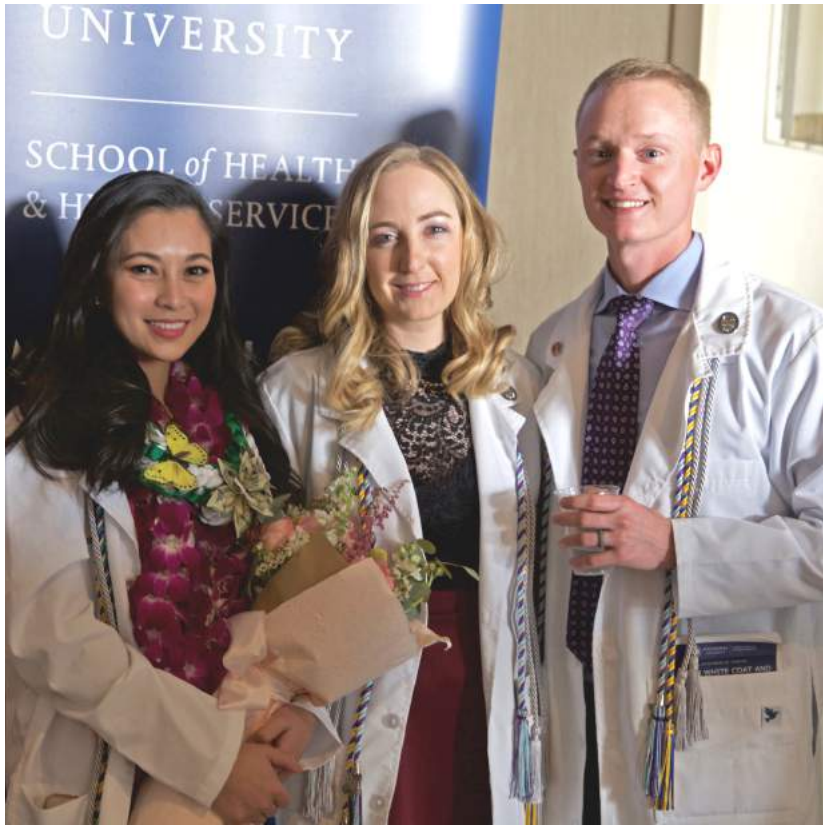
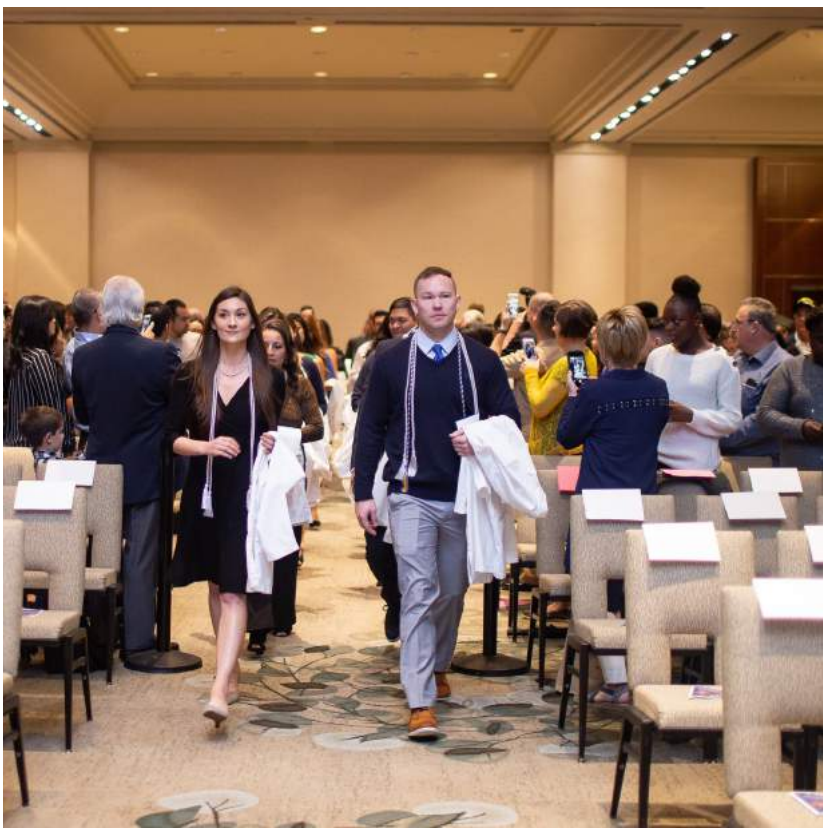
COHORT 49 & 50



On November 17, 2018, National University Nursing Honor Society recognized students who earned the top 35% cumulative GPA within cohort 49 & 50. Students who were inducted into the honor society received certificates and honor cords as a recognition of their academic success and commitment to serving the school and the community.

White Coat & Pinning Ceremony

November 30th, 2018
The Westin Gaslamp, San Diego



Cohort 49 & 50

White Coat & Pinning Ceremony



AWARDS

NUSNA DIRECTORS AWARD

Jade Evans (C49), Vice President
Kylie Clower (C49), Membership Director
Kaila Pascua (C49), Student Activities Director
Allen Nisperos (C49), Student-Faculty Liaison
Eloisa Mendez (C49), Workshops Director
Allie Rivette (C49), Scholarship Committee Chair
Rizza Angadol (C50), Communications Director
Kyle Roloff (C50), Community Service Director

SCHOOL OF HEALTH AND HUMAN SERVICES OUTSTANDING LEADERSHIP AWARD

Hollie Baptista Saldana (C50), Chair
Starla Pigott (C50), Vice Chair
Kimberly Valbuena (C49), Admin Officer
Julie Nguyen (C50), Finance Officer
Summer Barnes (C50), Student Representative
Pamela Fathy (C50), Mentorship Officer
Erica Boley (C50), Activities Officer
Rizza Angadol (C50), Outreach Officer

ACADEMIC EXCELLENCE AWARD

Brittany Halsell (C49)
Erica Boley (C50)

CLINICAL EXCELLENCE AWARD

Allen Nisperos (C49)
Erica Boley (C50)

Holiday Cheer



Holiday Cheer is part of the Community Engagement Core in the School of Human Health and Services (SHHS) in which three departments work together to make a positive impact on the lives of selected families from San Diego. This year, SHHS hosted four families, and with everyone's generosity and kindness, SHHS was able to give these families a deserving Holiday celebration on December 8th, 2018.

Thank you to everyone who made this event possible!



December 2nd - Holiday Home Tour



COMMITTEE MEMBER OF THE MONTH

October



Rizza Angadol, C50 Allen Nisperos, C49

Congratulations to Rizza for the newsletter and Allen for his hard work at the CNSA conference!
-Peter Tannous, Vice President



**IGNITE YOUR PASSION:
LIGHTING THE WAY FOR EXCELLENCE!**



National Student Nurses' Association
Visit www.nснаconvention.org
for future updates!

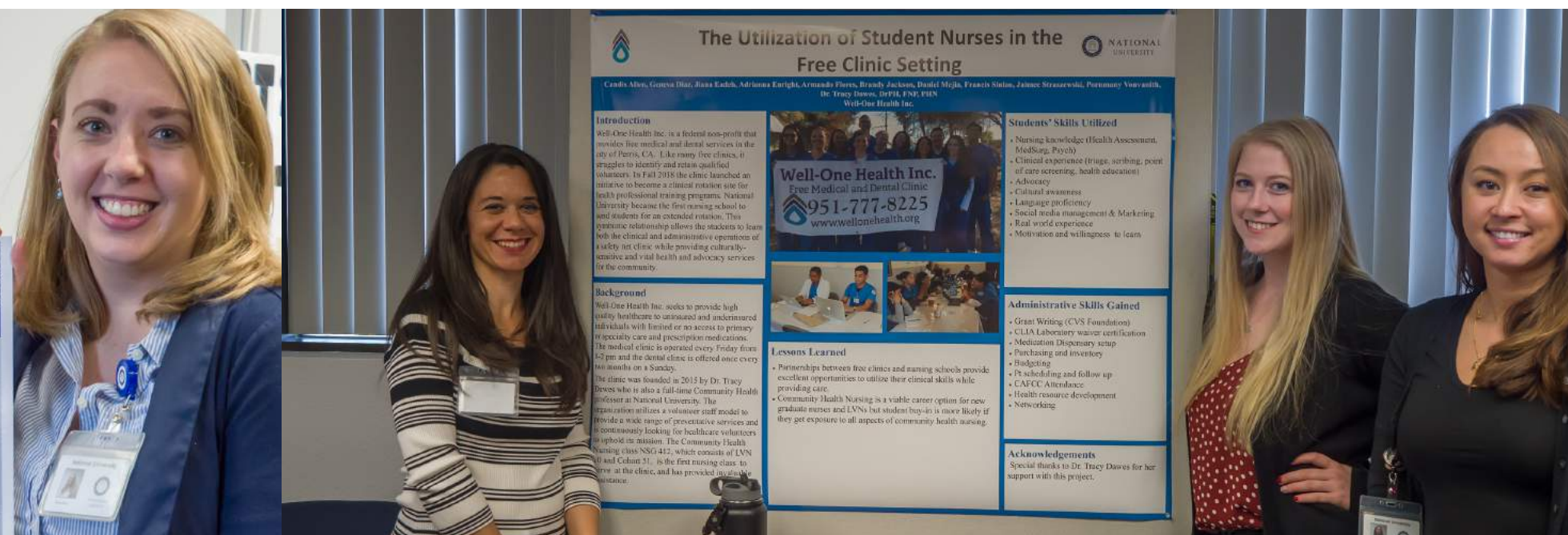
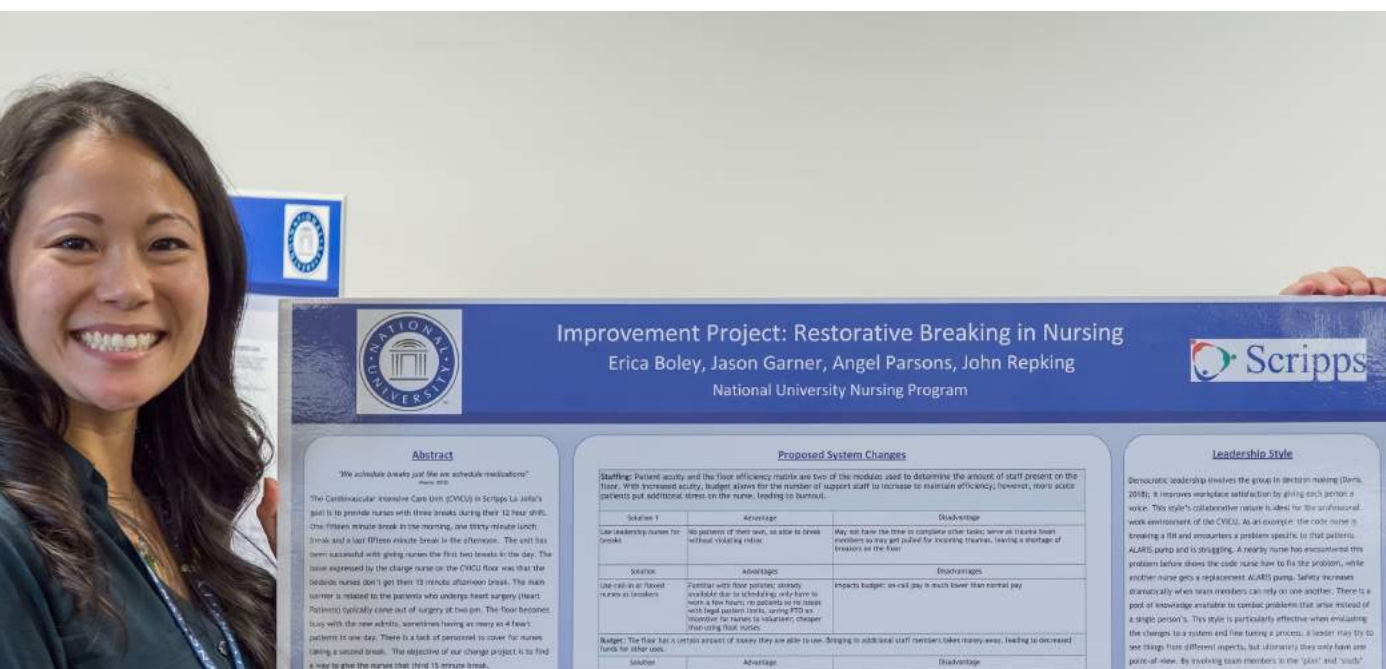
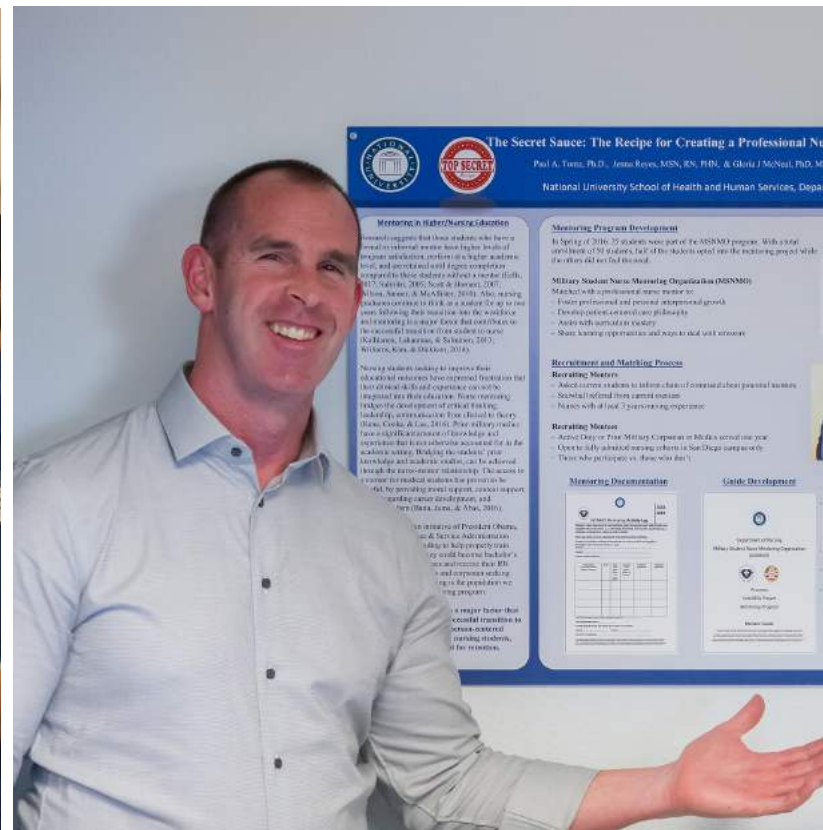
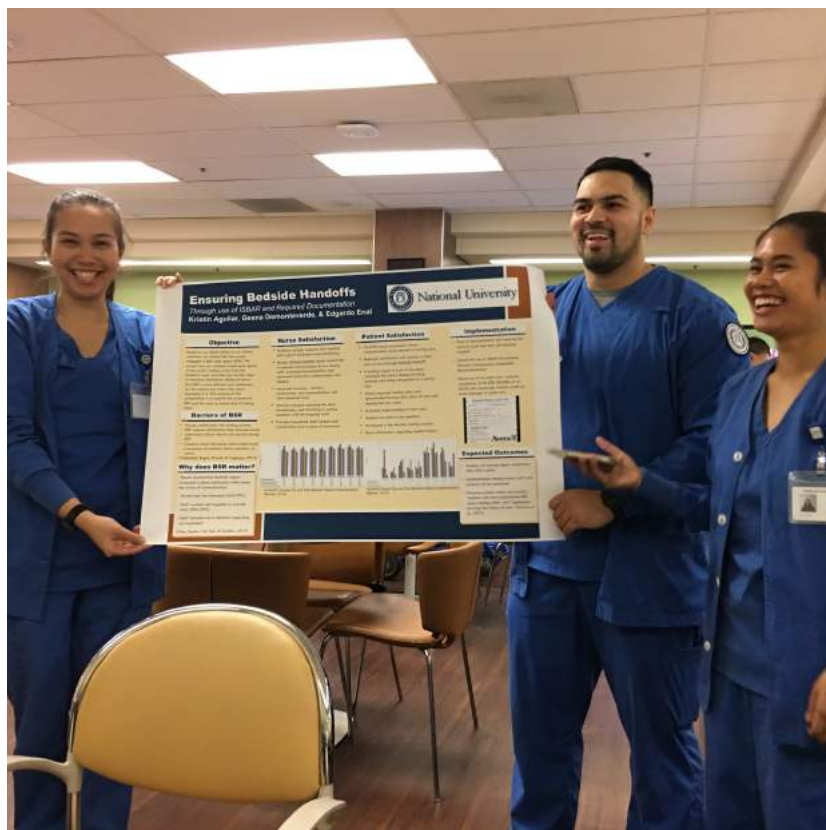
**67TH ANNUAL CONVENTION
APRIL 3-7, 2019
Salt Palace Convention Center · Salt Lake City, Utah**

National University Honor Society of Nursing

SCHOLAR'S DAY

December 13, 2018

Selected students and faculty are invited to attend, to participate, and to present a topic of interest. Topics presented at the event are related to nursing research, innovative clinical practice or clinical outcomes.



COHORT UPDATE:

Where are they now?

Cohort 50: *Issues in Nursing*

Cohort Representative:: Rizza Angadol
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Cohort 51: *Community III*

Cohort Representative:: Rachel Gould Diaz
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Cohort 52: *Psychosocial*

Cohort Representative:: Janine Adviento
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Cohort 53: *Pediatrics*

Cohort Representative:: Alyssa Carrillo
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LVN 10: *Community III*

Cohort Representative:: Samantha Shepherd
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Cohort 54: *Med-Surg II*

Cohort Representative:: Katie Yegsigian
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Cohort 55: *Med-Surg I*

Cohort Representative:: Trina Rey

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Cohort 56: *Research*

Cohort Representative:: Laura Yahemiak

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2019 MEMBERSHIP MEETINGS:

Meetings are scheduled on the 4th Monday of every month at 2:30 P.M. located at the RB Campus.

- January 28th
- February 25th
- March 25th
- April 22nd

Meeting schedule and location are subject to change as determined by the NUSNA SD President.

LET'S GET SOCIAL

CONNECT WITH US!



NUSNA San Diego



NUSNASD

**SHARE YOUR
PHOTOS, STORIES, IDEAS,
AND QUESTIONS WITH US!**



www.nusnasd.org

Thank you to everyone who helped and contributed to making this newsletter possible. Special thanks to students, Phil Oels, and Lucia photography for the photos.