



The Pulse

The Newsletter of NUSNA San Diego

June 2015

NATIONAL UNIVERSITY STUDENT NURSES ASSOCIATION

Volume 1, Issue 13

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"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around."

-Leo F. Buscaglia

The Art of Caring...

Helpful

Integrity



Volunteering

Compassion

Consideration

Kindness

Support



NURSING

Editor's Message: Caring About Excellence

By Kailyn Anderson
NUSNA Communications Director, Cohort 38



Greetings! My name is Kailyn Anderson. I am the new Communications Director for NUSNA-SD. I am excited for the opportunity to create your NUSNA newsletters in addition to managing the new and improved website.

NUSNA has had a major impact on my successes in nursing school. My involvement has introduced me to many new friends and I've received a great amount of support from students in preceding cohorts. I look forward to continuing this trend by lending support to those who follow in subsequent cohorts.

In 2014, NUSNA began seeking recognition as an institution on a larger scale. We succeeded when Jimil-Anne Linton (Cohort 35) was elected to the CSNA Board of Directors. In 2015 we continued our pursuit for recognition when Tanya Davis (Cohort 38) decided to run for NSNA Director West. She was elected to this position in April of this year! Both of these students will be representing National University well beyond their dates of graduation. It is my hope NUSNA will continue to produce ambitious and dedicated students such as these. Students who will continue to care about the pursuit of excellence and reach for the stars!

That being said, I hope this issue of *The Pulse* will bring you an abundance of information and inspiration to keep you motivated throughout the summer months.

Happy Studying!



Upcoming Elections

The following NUSNA board positions will be up for election in July:

- **Student Faculty Liason**
- **Treasurer**

The following NUSNA Board positions will be up for election in October:

- **President**
- **Vice President**
- **Secretary**
- **Community Service Director**
- **Communications Director**
- **Fundraising Director**

For detailed descriptions of what these positions entail, please reference the most up to date bylaws at www.nusnasd.org.

If interested, please submit your intent to run along with your biography to nusna.vp@gmail.com. Ensure that all email correspondence regarding election is made with the Vice President. Submissions to any other correspondence will not be considered.

Incoming Board Members

NUSNA would like to announce and congratulate their newly elected board members and appointed chairpersons. We look forward to working with you during your term!

Nicole Rumpf, Cohort 38, President
Erika Vella, Cohort 38, Vice-President
Kailyn Anderson, Cohort 38, Communications Director
Ashley Reese, Cohort 40, Legislative Director

Joann Meza, Cohort 39, Breakthrough to Nursing Director
Daniel Zaldivar, Cohort 40, Workshops Director
Elana Dawson, Cohort 41, Student Activities Director
Mindy Coughlin, Cohort 41, Mentorship Director



President:
Nicole Rumpf



Vice President:
Erika Vella



Communications Director:
Kailyn Anderson



Legislative Director:
Ashley Reese



Breakthrough to Nursing Director:
Joann Meza



Workshops Director:
Daniel Zaldivar



Student Activities Director:
Elana Dawson



Mentorship Director:
Mindy Coughlin

Outgoing Board Members

NUSNA would like to thank the following board members for their services to the association.

Michelle Fosdick, LVN 6, President
Jimil-Anne Linton, Cohort 35, Communications Director
Elizabeth Gomez, Cohort 36, Workshops Director
Lynden Gulemi, Cohort 36, Mentorship Director

Brian Walker, LVN 6, Vice-President
Nicole Rumpf, Cohort 38, Legislative Director
Maricica Koltun, Cohort 36, Student Activities Director

We wish you all success in your future endeavors!

Faculty Interview:

Prof. Kala Crobarger, EdD(c) MSN RN

Interviewed By Kailyn Anderson



Professor Kala Crobarger has worked at National University since 2005 and is the lead faculty professor for OB.

Please tell us about yourself.

I grew up in many different locations and that had a big impact on my exposure to different cultures. That's really impacted my nursing career! I've been married since 1979 and have two loving children. I love pets -- dogs and cats -- and, if I had a place, I would have horses too; but, because I live in the city, I can't.

I got my first license as an LVN in 1976 in Montana. I was an LVN for four-and-a-half years and worked in Pediatrics and Med/Surg floors. I obtained my RN license from Oregon as an associate's degree. My husband is from San Diego, so we moved back here and that's where I returned to school and earned my bachelor's degree in nursing from Phoenix and my master's degree in Nursing Education from Cal State Dominguez Hills. In addition, I'm working on my dissertation to complete my doctoral degree, which is a Doctorate of Education in Nursing.

Why did you choose to go into the field of nursing? And, how did you pick your specialty?

Growing up, my parents were teachers so I initially thought about teaching but, when I graduated from high school, the teaching field was flooded. I also had thought about going into medicine and the health field. I was most interested in pediatrics and maternal nursing. I was naturally drawn to those fields. As an LVN, I worked in a pediatric hospital and Med/Surg. Then, as an RN, I worked in the NICU for eight years when, due to burnout, I took a break from nursing for about 18 months and occasionally just did *per diem* work. I came back to a supervisor position in a NICU up in Orange County. When that hospital was in need of more labor and delivery nurses, I was trained for this specialty area. I always had wanted to work in this area but had thought I wouldn't get the opportunity. I also worked at Palomar in Labor and Delivery. All of these areas have a lot of teaching and education, which I love. At that point in time, I went back and got my BSN degree and worked as a manager/supervisor for UCSD in home health and managed the team for OB and pediatrics there for about seven or eight years. Then, at that time, I said, "I need to go back and get my masters." I knew I wanted to go into full-time teaching, so I knew I needed that degree. I started at National University in 2005 with Cohort 1. I was here all the way through 2012. For a while, I served in Dr. Guertin's current position as associate director for San Diego. I left in 2012 to teach at Concordia in Orange County. I stayed on as adjunct here at National and came back full-time in November of 2014. I'm currently also working *per diem* as a Lactation Consultant RN at Sharp Mary Birch, which is a really cool, fun job. I still get to teach at the patient level while also teaching students. I think having this variety really helps me to keep current with what's happening in the field; that way you don't get narrowed down to your teaching process of doing things. I like that variety.

What is the best thing about being a nurse and working in your field of specialty?

I think one of the best things is the flexibility that we have within the profession. I talked about how I did different things, having the opportunity to find out if your little niche is where you want to be. You're also free to branch out later and try something else. Beyond that, for me, it's the patient care level that I really enjoy. Dealing with patients and their families is a real treat.

What influenced your decision to teach at National University?

I knew NU was going forward with online and distance education and that was something I always had been interested in doing. In the beginning, I was the online coordinator for the school and helped give input regarding its faculty, as well as what people liked and didn't like about the program. That's one of the reasons I liked National. Some of the other reasons I still like National are its flexibility of scheduling and, in general, all of the students are good students and work very hard at what they do. I really enjoy working at the adult learning level. For me, the interaction there and seeing students' growth is a real positive. I really like the faculty here as well. Everyone pretty much works together and supports each other.

What has been your favorite moment while teaching at NU?

Too many favorite moments . . . I'll share one that kind of put me in the limelight. I had a cohort ask me to be the speaker at their pinning ceremony. I had the honor of delivering this speech for them; that was pretty cool! When students come to you and ask you to do something like that, it means they respect you and what you have represented during the teaching process. And, at that time, I was also the associate director; that was a time when we had a lot of changes taking place that impacted students. So, I had good feelings about being asked to speak to the students graduating.

You teach Childbearing Family Nursing here at NU. Are there any misconceptions you believe students have going into your class?

A lot of them may come into the program very fearful that they have no knowledge or understanding of it because it's all so different and it's going to be really hard for them. It is a difficult class. There is a lot of new material, but I believe students don't always connect that a lot of the Med/Surg they've already had is actually the foundation to understanding the childbearing family issues that come up. We're just building on that foundation.

Do you have any advice to share with nursing students to help ensure their success?

There are two things that come to mind. First, you have to learn how to communicate. Communication is not just being able to share information or give directions to a patient, or talk to your coworkers and share what's going on. Communication is also about listening. In American society, we tend not to do that. We say what we want to say and then the other person responds; however, we're already thinking about how we're going to respond rather than really paying attention and focusing in on the other person. Pay attention! Focus on the other person! Try to figure out why this person is sharing this information. That will really help you to move successfully through nursing. Whether it's with patients, doctors, coworkers, or the person who brings up the food, treat everyone with that same consideration. When we acknowledge people in that way, they realize you feel what they're saying is important. You can divert crises and frustration in that way.

Secondly, we need to recognize who we are when we enter a room. Jean Watson's Theory of Caring model explains that, when we enter a room, the patient's environment, we impact and change that environment. Our spiritual aura can create a positive or negative impact upon that experience. So, knowing whom we are when we enter that environment allows us to be aware of how we impact the environment and how the environment impacts us. It's a two-way street. We also need to look at what the patients and their families bring into it. We can have too much empathy or not enough. Being aware of these mutual effects will help us to create a positive and healing experience for our patients.

Thank you for taking the time for this interview. Is there anything else you would like to add before we conclude the interview?

As teachers who come to teach nursing, we have a very powerful impact upon the future of nursing. Regardless of what course we teach, it's about how we help students to formulate their own perception of who they're going to be as a nurse. So, if we can start to build that foundation in a way that will create a positive outlook for that person, we can really help to change and continue to improve nursing as a profession.

NUSNA Participated in Patient Safety Awareness

By Walker King, NUSNA Secretary, Cohort 38

Every month, the California Student Nurses' Association Community Health Committee participates in a monthly health observance. The month of March was dedicated to National Patient Safety Awareness Week. Every year, nearly 15 million patients suffer from injuries and errors while in the healthcare setting. These incidents range from hospital acquired infections to medication errors to falls.

On March 23rd, NUSNA celebrated National Patient Safety Awareness Week by wearing purple. Nearly 10 people showed that they were "United in Safety" by posting a selfie of them wearing purple to the SD Mentorship Facebook page. As nursing students, we play a role in promoting and enhancing patient safety. Together with other healthcare professionals, we can promote better patient safety! For more information regarding patient safety, and to access the March CNSA Community Health Committee Monthly Health Observance Toolkit, please visit CNSA.org.



Highlights from the 2014 NSNA Annual Convention

In Attendance: Kailyn Anderson, Ashley Averion, Samantha Combs, Tanya Davis, Michelle Fosdick, Breanne Kelroy, Walker King, Maricica Koltun, Jimil-Anne Linton, Nicole Rumpf, Diana Vazques, Erika Vella, and Brian Walker



Highlights from the 2014 NSNA Annual Convention (continued)



Surviving the Convention:

An Inside Look at the Annual NSNA Convention

By: *Samantha Combs, NUSNA Treasurer, Cohort 37*

When hearing the word "convention" the first thought that comes to one's mind is not necessarily fun, but that is what a Student Nurses Convention can be when approached with the right attitude and preparedness. Now, the "fun" I speak of is not the traditional fun that most college students think of. We are not partying all night, drinking and going out dancing. It is, in fact, the exact opposite. Yes, we do stay up all night.... We stay up talking about who to vote for on the National Student Nurses Association board of directors, discussing campaign strategies for one of our own, figuring out what the schedule is for the following day, and deciding who will attend certain informative sessions. All so we get the maximum information available for our peers back on campus. In addition, we are studying for tests and writing papers because we are first and foremost nursing students.

A convention is a great experience and wonderful opportunity to gather information on many different areas of nursing: grad-schools, hospitals, areas of specialty, and not to mention the free gifts! I must mention, all this knowledge and experience comes at a price... A good nights sleep. Erika Vella of Cohort 38 and the NUSNA Vice President stated, "I had no idea what to expect. It was exhausting, but such a great experience!" Serving as a delegate, as Erika did, is a very demanding responsibility. Delegates have a rigorous schedule with a load of responsibilities. As a delegate you are responsible for attending all House of Delegate meetings (which can begin very early in the morning), opening and closing ceremonies (which start early and go late into the evening), voting on board members, and voting on resolutions. It is a great opportunity to experience being a part of something larger than yourself, your school, or even your state.... You are part of a national decision! When I asked Ashley Averion of Cohort 37 about her experience within the House of Delegates as a first time delegate she stated: "I felt like I had a positive influence on the decisions that were going to affect the national student nursing body." Being a delegate also gives you the opportunity to learn about parliamentary procedure, the proper way to hold meetings and manage the voting process. You learn about motions, how to speak for or against a motion, and bylaws. To put it simply it is a once in a lifetime, positive though exhausting experience.

Now, if being a delegate sounds like a little too much work or not something that you are really interested in, there is always the option for you to attend the NSNA Convention as an alternate for a delegate. This means that in the event that a delegate cannot make it to one of the mandatory events, you would then fill in for them until they are able to resume their responsibilities. There are some pros and cons to being an alternate. I asked Michelle Fosdick of LVN 6 about her favorite part of being an alternate at the NSNA convention and she stated, "The best part of being an alternate was being able to attend all of the focus sessions," this is where professionals and specialists come to speak about their area of expertise in the field of nursing. It also gives you more time to attend the "Exhibit Hall." This is where you meet with representatives for various grad-schools and hospitals; this is also where you get all the free goodies. The biggest con to being an alternate is that you miss out on the experience of being a delegate and being a part of the candidate voting, bylaws, and resolutions. As an alternate a huge unspoken responsibility is to provide support to your fellow convention attendees, especially the delegates. You may be needed in the acquiring and delivering of food for the delegates as they are often required to remain at the convention for up to 16 hour, without the option to leave. You learn that being a leader is not always about being the person in charge, rather, it is about knowing your role and being able to support the entire team in your own unique way.

When attending a convention you are attending an opportunity and you are going with a team. Your team, AKA your fellow nursing students, is the key to your survival at the NSNA Annual Convention. The annual convention is a 5-day marathon! Be sure to pace yourself accordingly and get plenty of sleep prior to attending because once you're there you will hit the ground running.... We should be good at that; after all we are in an accelerated nursing school program. I encourage everyone to attend at least one convention during your time here at National University. It is an experience you will never forget. You will walk away with life-long friends, and more information than you could have imagined. Knowledge was never gained in a passive fashion, I encourage you to be proactive and make the most of your educational experience.

Congratulations to Tanya Davis for her New Position as Director West for NSNA

What is NSNA?

Included with your membership with NUSNA is a membership with CNSA and NSNA. These organizations are dedicated to promoting and fostering the development of all nursing students.

National Student Nurses Association (NSNA) was founded in 1952 as a nonprofit organization for students enrolled in associate, baccalaureate, diploma, and generic graduate nursing programs.

In addition to bringing nursing students together and mentoring them as they work towards their licensure, NSNA also communicates the expected standards and ethics within the nursing profession. NSNA advocates for high quality, evidence-based, health care that is affordable and accessible to the masses. NSNA also promotes and contributes to the advancement of nursing education while helping to nurture nursing students who are ambitious and ready to lead the profession of nursing into the future.

Tanya Davis

My Role as NSNA Director West

As NSNA Director West I will bring a new level of worldwide awareness to student nurses in NSNA. NSNA will encourage and develop relationships with world health volunteering organizations and leaders, opening opportunities for all student nurses to experience what it means to make a global impact in nursing. I will work to improve the transparency of the Board of Directors work so that student members can gain a better understanding of what NSNA does. Students will know that their single contribution makes a difference, that they are not just a drop in the pond but the ripple of change for the nursing profession.

Why I decided to go into Nursing

I started my work career with a BS in Molecular Biology culturing stem cells. I thought that I could make a difference for the future of medicine, and although I did have an impact it wasn't in the way I had hoped. I wasn't able to put my finger on the missing element until I went overseas to help take care of my grandfather the last two weeks of his life. In helping nurse him in those last days I realized what I was missing, the human element. The profession of nursing embodies this, and although it took me a couple of years to decide that I truly wanted to pursue this I am so glad that I did. And in doing so I get to join the ranks of the amazing nurses that make the difference for patients everyday.



NSNA Board of Directors 2014-2015

Front Row (l to r): Megan Goodman, Director East; Caroline Miller, Vice President; Kelly Bell, Secretary/Treasurer
Back Row (l to r): Tanya Davis, Director West; Sabrina Lozier, Imprint Editor; Johanna Bridges, Director South; Jae Kook Lim, Breakthrough to Nursing Director; Sean Guerette, Ex-Officio; Adam Tebben, Director North



Tanya Davis & NSNA's Outgoing Director West, Zach Huddleston

Student Interview:

Nicole Rumpf, Incoming NUSNA President

Interviewed By Kailyn Anderson



Taking on the office of President is a challenging endeavor. What made you decide to run for this position?

This position IS very challenging, and I didn't take the decision to run lightly. Being a part of the NUSNA Board of Directors has really been the best part of my nursing school experience so far. I have met amazing and involved students who have helped me along the way and inspired me to take on more than I ever could have thought possible. This organization has done so much for me, and ensuring that it continues to thrive is my main goal. I knew that if I ran that I would do everything in my power to make that happen and having served on the board for the last seven months as Legislative Director, I felt that I knew enough about the organization to do so.

What plans do you have for NUSNA over the course of your tenancy?

As President, I want to get back to basics and ensure that our membership numbers increase, that we are communicating effectively with our organization, and that we are offering services that meet the needs of our members. I also want to improve our relations with National University, working with the school administration to increase support for NUSNA and thereby strengthening our organization.

What made you decide to pursue a career in nursing?

I originally wanted to go into a healthcare career straight out of high school, but when I started taking my math and science prerequisites during my first bachelors, they scared me away! I worked in Sales & Marketing for 8 years as a project manager, and never felt like I was doing anything that made my life feel meaningful. After volunteering at a couple of hospitals, I realized that helping people during times of illness and need was really energizing for me, and decided to go back to school for a second career in nursing.

Is there a particular area of nursing you would like to work in once you have your RN license?

I would like to start in Med-Surg, to get a broad foundation and learn time management as a new grad nurse, with a possible move to L&D once I get some experience under my belt. Later on down the road, I want to go back to school for an advanced practice degree as a Clinical Nurse Specialist, which combines my interests in quality improvement, education, and nursing into one position that I feel would be a great fit for me.

What has been your favorite course in nursing school? Why?

OB, by far! This was a total surprise since I have always been a bit scared of babies, but my clinical experience at Kaiser was really amazing. Being able to coach women through labor and being a part of unbelievably special moments in these families' lives was something I will never forget. I would be lying if I didn't mention that I also loved getting to spend time with the babies, Med-Surg doesn't have nearly as much cuteness as OB.

What do you feel has been your greatest victory/favorite moment in nursing school?

I feel like the best things that I have done in nursing school have also been the hardest. Presenting and defending my resolution in front of over 150 people at the CNSA Conference back in October was one of the scariest things I have ever done. Although I am immensely proud of having my resolution carried at the state level, what really took my breath away was having delegates from National University and other schools rally around me and speak in favor of my resolution. I couldn't have achieved this goal without the support, encouragement, and contributions of my peers in NUSNA, and for that I am incredibly grateful.

Do you have any advice you would like to share with NU nursing students?

Get involved - you can find the time. We all have the same two years before we are out in the real world, so fill them with as many opportunities for personal development as possible. Work together. If you are doing well, reach out and help another student who might need a hand. Every good thing you do for someone else will come back to you. Be kind and respectful to your teachers - we will be professionals out in the real world soon enough, start practicing now. Don't burn bridges. Attend a conference; getting to see changes in practice driven by nurses and nursing students can help you to see the bigger picture when you are knee deep in care plans! And lastly, do things that push you out of your comfort zone, because that is where the growth happens.

Thank you for taking the time to let us interview you. Is there anything else you would like to add before we conclude the interview?

They say you are the sum of the five people you spend the most time with. So surround yourself with some amazing people! Align yourself with people you admire and who enable you to be a better version of yourself. The leaders I have met in NUSNA have become mentors, inspirations, and friends who have shown me what is truly possible. I highly encourage you to join, participate, and make some friends outside of your cohort. You will not regret it.

NUSNA in the Community

Hot Chocolate Run

The Hot Chocolate 15k/5k was held on Sunday, March 20, 2015. NUSNA students enjoyed volunteering at this event. Breanne Kelroy enjoyed herself so much, she's considering signing up for next year's 15k!



Spring Sprint

On Sunday, May 3, 2015 NUSNA had several students who volunteered at San Diego's Spring Sprint.

"Volunteering at the Spring Sprint was so much fun! I have participated in and have volunteered at various running events, but have never experienced a triathlon. It was awesome to see the young and not-so-young athletes finish the race! We bandaged many minor blisters and cuts, thankfully nothing too serious. I highly encourage students to volunteer at the medical tent for upcoming events!" – Lynden Gulemi



VOLUNTEER EVENTS & OPPORTUNITIES

CASA DE AMPARO (MONTHLY)

Dates this Summer: TBD
Time: 10am - 12pm
Positions: Varies

SAN DIEGO INTERNATIONAL TRIATHALON

Date: June 28, 2015
Time: TBD
Positions: Medical tent

CARLSBAD TRIATHALON

Date: July 12, 2015
Time: 07:00 – 11:30
Positions: Medical Aid

SOLANA BEACH TRIATHALON

Date: August 3, 2015
Time: TBD
Positions: Medical Tent

DISNEYLAND HALF MARATHON

Date: September 6, 2015
Time: TBD
Positions: Varies

Service:

nusna.communityservice@gmail.com

OR

Visit NUSNA on the web!

www.nusnasd.org

**ALONE WE CAN
DO SO LITTLE;
TOGETHER WE CAN
DO SO MUCH.**

-Helen Keller

**For more information,
e-mail NUSNA Community
Service:**

nusna.communityservice@gmail.com

OR

Visit NUSNA on the web!

www.nusnasd.org

Cohort Updates



Cohort 35 & LVN6

They've completed their capstone courses. Congratulations to every one of you!!
Good luck on the NCLEX and in your future nursing careers!



Cohort 37

Is currently in their first month of Community and will be in community through July. They were in Psych for March and April.



Cohort 36

They're in the midst of the Leadership Capstone portion of their program.
Get 'er done!!



Cohort 38 – Completed OB with Professors Crobarger and Goldbach in March. They enjoyed a day at the Zoo while in Peds with Professors Evans & Scarafone. Everyone is excited to begin Psych in June.



Cohort 39 – Is in the middle of their OB rotation. They'll be starting Peds in July.

Cohort 40 – They've reached the halfway point of their MedSurg experience. They begin MedSurg II in June.



Cohort 41

They're presently putting in their hours in Fundamentals with Professors Michaelangelo, Delacruz, Azurin, and Verkaarik. They eagerly await MedSurg I, beginning in July.



LVN 7 – Is enjoying two months of online courses. They completed their online pharmacology course with Professor Jen Powers in May, and will begin Nursing Research in June.

Cohort 42 – They finished Nursing Theory in April and are currently in Assessment.

UPCOMING EVENTS!

Neonatal Resuscitation Program (NRP) Course Hands on Skills Test

June 13, 2015, 09:00-12:00 (by appointment only)
NUSNA Member \$90.00; Non-member \$100.00
& Online certification test \$23.50

Volunteer Event:

San Diego International Triathlon

June 28, 2015, 09:00-17:00
National University Rancho Bernardo Campus

ACLS/PALS/BLS Certification Class

August 14-15, 2015
\$200 NUSNA Members; \$210 Non-NUSNA Members; \$20 BLS Renewal

CNSA Membership Meeting South Los Angeles, CA

Saturday, August 22, 2015 (08:00-16:00)
West Coast University, 590 N. Vermont Ave., Los Angeles, CA 90004

CNSA Convention Pomona, CA

October 16-18, 2015
Sheraton Fairplex Hotel
<http://www.cnsa.org/2015-convention>

Visit our website for more information on any of the above events: www.nusnasd.org

Get Involved! Join a Committee!

If you're looking for a great way to get involved, joining a committee is a great way to do so without the commitment of becoming a Director. But, if you are interested in becoming a Director, joining a committee is the best way to discover which position best suits you. This also provides you with the opportunity to show future employers that you did more than just attend school. You went above and beyond! You were involved!

If this sounds like something you are interested in becoming a part of, speak with any Board Director, or visit the Committees page on our website at www.nusnasd.org and fill out the Committee Interest Form.

We have many Board Positions coming up for election before the end of the year.

Now is the time to get involved!

Be a Delegate at the CSNA Convention!

The CSNA Convention is scheduled for October 16-18, 2015 in Pomona, CA. Start thinking about whether you are interested in being a Delegate! Please watch for further information to be provided at our monthly NUSNA meetings and via email.



July Calendar Coming Soon!

Visit the NUSNA website for information on requesting tutors, workshops, and becoming a workshop leader.
www.nusnasd.org

Click on the Peer Workshops tab

You can also email
nusna.workshops@gmail.com with any questions.

NUSNA Meeting Schedule

June 22, 2015

1430-1600
Room 119

July 27, 2015

1430-1600
Room 119

August 31, 2015

1400-1530
Room 119

September 28, 2015

1400-1530
Room 119

Meetings are usually scheduled on the 4th Monday of each month.
However, the meeting schedule and location are subject to change by the President.

NUSNA Board Members & Cohort Representatives

Board of Directors:

President- Nicole Rumpf

nusna.president@gmail.com

Vice President- Erika Vella

nusna.vp@gmail.com

Secretary- Walker King

nusna.secretary@gmail.com

Treasurer- Samantha Combs

nusna.treasurer@gmail.com

Community Service Director- Tanya Davis

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Membership & Recruitment- Diana Vazquez

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Student Activities Director- Elana Dawson

nusna.studentactivities@gmail.com

Student-Faculty Liaison- Michael Snodgrass

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Legislative Director- Ashley Reese

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Communications Director- Kailyn Anderson

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Fundraising Director- Breanne Kelroy

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Mentorship Director- Mindy Coughlin

nusna.mentorship@gmail.com

Peer Workshops Director- Daniel Zaldivar

nusna.workshops@gmail.com

Breakthrough to Nursing Director- Joann Diaz

nusna.btn@gmail.com

Alumni Club Chair-

nusna.alumni@gmail.com

Scholarships Chair- Nelly Cisneros

Scholarships.nusna@gmail.com

Cohort Representatives:

Cohort 36- Kyle Kalkbrenner & Paulina Riedler

nusna.cohort36@gmail.com

Cohort 37- Samantha Combs & Anneliese Nanquil

nusna.cohort37@gmail.com

Cohort 38- Melanie Johnson & Kailyn Anderson

nusna.cohort38@gmail.com

Cohort 39- Nelly Cisneros & Diana Vazquez

nusna.cohort39@gmail.com

Cohort 40- Ashley Reese & Emily Sharlton

nusna.cohort40@gmail.com

Cohort 41-

nusna.cohort39@gmail.com

Cohort 42-

nusna.cohort40@gmail.com

LVN Cohort 7-

nusna.lvncohort6@gmail.com

Thank you to the members of the NUSNA Communications committee, Melanie Johnson & Alyssa Gallardo, for all of your hard work! Also, thank you to those who contributed their time and pictures to make this newsletter possible.