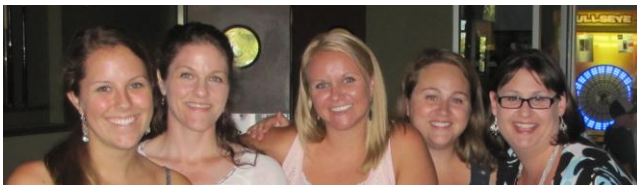


the NUSNA News

March 2012, Issue #4

Congratulations Cohort 23!

Cohort 23 is Graduating!!! After several months of intense curriculum, what an outstanding accomplishment! On behalf of National University and the Cohorts behind you, we want to congratulate you all and wish all the best in the future! And a special thank you to the current board members who are graduating. We will continue the great work that you have done and lead by your example.



Welcome New Board Members!

- President – Michele Olive (Cohort 26)
- Vice President – Ashley Coady (Cohort 27)
- Secretary – Maryanne Mesina (Cohort 28)
- Treasurer – Dori Nelsen (Cohort 26)
- Community Service Coordinator – Dave McClure (Cohort 26)
- Membership & Recruitment – Desirae Lee (Cohort 29)
- Student Public Relations – Carrie Stone (Cohort 27)
- Student Faculty Liaison – Heather Arbogast (Cohort 26)

Join NUSNA now!

A few reasons why to join NUSNA:

- Networking
- Resume builder
- Discounts
- Give back to the community

Cost: \$35/year

How to join:

1. Go to <https://nsnamembership.org/>
2. Click on "Sign up for New Membership"
3. Choose "National University San Diego" as your school

Bayside Community Center

National University students have assisted volunteers at the Bayside Community Center with taking vital signs after a senior fitness class. Bayside is a neighborhood-based organization that has supported the Linda Vista community for 80 years. Its Senior STEPS program was developed to provide a variety of preventative health and education services for the area's senior community.

Consider volunteering for this community service project! While taking vital signs, students provide education on healthy lifestyles and distribute and complete vital signs logs that seniors can use to monitor their blood pressure. We volunteer every Tuesday and Thursday from 11:00 to 12:00 and optimally we'd like to pair up a more senior student nurse with one that is newer to the program. The sign-up sheet has been updated to provide volunteer spots through May and can be accessed through the following link:
<https://docs.google.com/document/d/1YPYmjdxbpOEF9piWCfXtGouRmaaqsWv2XFCDrSfF7hc/edit>

Another Great Volunteer Opportunity!

The NU Student Nurses Association is recruiting volunteers for the 10th Annual San Diego Brain Tumor Foundation's Dennis Campbell Memorial Golf Tournament. NUSNA has volunteered for the SD Brain Tumor Foundation in the past and they are a great group of people and very appreciative of the student nurses that have been involved.

You do not have to be a NSNA member to help out. You will get FREE food and receive a FREE t-shirt! Please respond to Jenn Prouty if you are interested, NUSNA.treasurer@gmail.com, let her know what shift you would like to work, your t-shirt size, and phone#.

Event details:

What: 10th Annual San Diego Brain Tumor Foundation's Annual Dennis Campbell Memorial Golf Tournament

When: Monday April 23, 2012 at the Rancho Bernardo Inn. There will be a volunteer meeting on Sunday, April 22nd@10am

Volunteer Shifts:

8:30am – Noon: Set-up/golf shift, tasks for this shift include setup of event, golfer check-in/registration, greeters, passing out raffle tickets and tournament favors. Lunch included.

Noon – 4:00pm: On-Course shift, help with On-course vendors. Lunch Included.

3:00pm -8:30pm: Dinner/Silent Auction Shift, tasks for this shift include setup and management of silent auction, break-down of on-course vendors, dinner check-in, and breakdown after the event is finished. Dinner included.

**The volunteers working the Dinner/Silent Auction Shift (3pm to 8:30pm) OR anyone volunteering for the ENTIRE day (from 8:30am-8:30pm) will receive a complimentary VOLUNTEER dinner, before the official dinner. (This dinner is not the sit-down dinner that the attendees will be enjoying. It will be before the official dinner.) If you plan to volunteer and attend the dinner/silent auction as a guest, SDBTF has negotiated a forty dollar price for the sit down dinner for volunteers and committee members. Please be sure to send in your registration form along with you discounted payment, and notify me in your e-mail that you want to volunteer but will also be attending dinner. If paying for the dinner is a hardship please let me know through email and we will be happy to help you.

If interested, please email Sara Sharif at sdbtf1@gmail.com with your name and T-shirt size. For more information about this event, visit www.sdbtf.org

Health Insurance is Available!

For those who are not aware, health insurance is offered through the NSNA if you are a member. For more information visit www.uhcsr.com/NSNA or students can call (800) 505-5450 for more information.

Cohort Updates!

As we all continue to work hard and slowly see the light at the end of the tunnel, here are a few quick updates about each cohort:

- Cohort 23: Capstone
- Cohort 24: Community Healthcare
- Cohort 25: Psychosocial Nursing
- Cohort 26: Pediatric Nursing
- Cohort 27: Research
- Cohort 28: Medical-Surgical Nursing I
- Cohort 29: Foundations of Nursing
- Cohort 30: Nursing Theories & Models

WELCOME TO THE NURSING PROGRAM COHORT 30!!! As with most academic programs, it is going to be a long journey and it won't be easy and we'll be here with you every step of the way!